



OPS BASKETBALL ACADEMY

- OPS 3 on 3 Basketball league will focus on providing young athletes with the fundamentals and the basic rules of the game of basketball, while ingraining the importance of team play and sportsmanship. 3 on 3 creates the best learning atmosphere for youth basketball players. League will emphasize player development and the fundamentals of how to score in the half-court. OPS training emphasizes the importance of developing skills on and off the court, mentally and physically. We want athletes to learn how to compete at the highest level, to push themselves to master the skills of the game of basketball and to elevate themselves to achieve long term individual and team goals.

OPS 3 on 3 Development League

Presented by the Fort Wayne Mad Ants

\$100 per player for 6 week league

November 1st-December 13th

Tuesday & Thursday Evenings

Progressive Skill Developmental Program

Participants are divided by age, skill and talent level

CURRENT 3rd-6th Grade Boys & Girls

3 on 3 DEVELOPMENT LEAGUE EVALUATIONS & PLACEMENT

- Evaluation days are for all players interested in participating in the 3 on 3 League and are the most effective tool for us to determine a player's skill set to place them in the proper division.
- Divisions are determined by gender, grade, skill level and game readiness. By creating separation with our training groups, we can better personalize the training of your athlete to further their growth as players, a key to their overall development.
- **There will be TWO divisions for this league: ORANGE & BLUE.**
 - ORANGE class will be filled with athletes who show great potential in the game but may not have spent much time working on skill development and need to refine fundamental skills, develop a higher basketball IQ, or grow physically.
 - BLUE is for more experienced athletes and will be filled by players with higher-than-average basketball knowledge and have spent more time in skill development training.

EVALUATION & PLACEMENT DATES

Athletes must attend ONE of the following dates:

October 18th & 20th

5:30 to 6:30 OR 6:30 to 7:30

NO CHARGE TO ATTEND. MUST REGISTER IN ADVANCE.

**Athletes will be evaluated on the following criteria: Ball Handling, Passing, Basketball Footwork, Shooting, Scoring, Finishing at the rim and overall game knowledge*



3 on 3 Development League

- Training Session
 - Each week athletes will participate in 60 minute training sessions building skill development into game scenarios, developing higher I.Q. basketball players and to help improve ball handling, shooting and footwork. Fun, competitive environment, focused on preparing players for their next level of competition.
- Training Schedule
 - Training Days will be scheduled on Tuesday evenings starting November 1st.
 - Orange Division
 - 5:30- 5:45 Athlete Performance Training
–15 minute speed & agility warm-up led by OPS Performance Staff
 - 5:45- 6:30 Basketball Skill Development
– Focus on shooting, ball-handling, and playing in the half-court.
 - Blue Division
 - 6:30- 6:45 Athlete Performance Training
–15 minute speed & agility warm-up led by OPS Performance Staff
 - 5:45- 6:30 Basketball Skill Development
– Focus on shooting, ball-handling, and playing in the half-court.
 - An additional on-court training day will be offered every Saturday morning Starting November 5th. This is considered a “make-up” day if a player missed a training session on Tuesday or missed a game on Thursday.
 - Orange Division
 - 9:30 to 10:15 Basketball Skill Development
– Focus on shooting, ball-handling, and playing in the half-court.
 - Blue Division
 - 10:15 to 11:00 Basketball Skill Development
– Focus on shooting, ball-handling, and playing in the half-court.
- Game Schedule
 - Game Days will be scheduled on Thursday evenings starting November 3rd.
 - Orange Division
 - 5:30-5:45 Warm-up/Practice
 - 5:45- 6:05 Game 1
 - 6:10-6:30 Game 2
 - Blue Division
 - 6:45- 7:00 Warm-up/Practice
 - 7:00- 7:20 Game 1
 - 7:20-7:40 Game 2

VIEW FULL CALENDAR ON NEXT PAGE



<u>OCTOBER</u>					
<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u>
17	18 3 on 3 Development League EVALUATIONS 5:30 to 6:30 6:30 to 7:30 Court 1	19	20 3 on 3 Development League EVALUATIONS 5:30 to 6:30 6:30 to 7:30 Court 1	21	22
<u>NOVEMBER</u>					
<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u>
31	1 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	2	3 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	4	5 3 on 3 Development League TRAINING DAY 9:30 to 10:30 (ORANGE & BLUE) Make-Up Day Court 1
7	8 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	9	10 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	11	12 3 on 3 Development League TRAINING DAY 9:30 to 10:30 (ORANGE & BLUE) Make-Up Day Court 1
14	15 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	16	17 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	18	19 3 on 3 Development League TRAINING DAY 9:30 to 10:30 (ORANGE & BLUE) Make-Up Day Court 1
21 OFF WEEK	22 OFF WEEK	23 OFF WEEK	24 OFF WEEK	25 OFF WEEK	26 OFF WEEK
28	29 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	30			



DECEMBER					
<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u>
			1 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	2	3 3 on 3 Development League TRAINING DAY 9:30 to 10:30 (ORANGE & BLUE) Make-Up Day Court 1
5	6 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	7	8 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	9	10 3 on 3 Development League TRAINING DAY 9:30 to 10:30 (ORANGE & BLUE) Make-Up Day Court 1
12	13 3 on 3 Development League TRAINING DAY 5:30 to 6:30 (ORANGE) 6:30 to 7:30 (BLUE) Court 1	14	15 3 on 3 Development League GAME DAY 5:30 to 6:30 (ORANGE) 6:45 to 7:45 (BLUE) Court 1 & Court 2	16	17